

# Kawandi Quilts

From the Siddi people in India

## RESOURCES:

Kawandi Quilt demo by Kieren Dutcher

[https://youtu.be/yFd0xEfKeto?si=B\\_kvU-V0xipPT5BR](https://youtu.be/yFd0xEfKeto?si=B_kvU-V0xipPT5BR)

Joe Cunningham interviews Margaret Fabrizio at Pajaro Valley Quilters

<https://youtu.be/Jw1MwU7DRMg?si=0PprhCO2BlOt4WG6>

Margaret Fabrizio Instagram – tons of examples

## SUPPLIES:

Needle (sashiko needles work well or one with a large eye), Thimble

Thread – embroidery thread looks good, Bees wax to coat thread

Pins, Scissors

Backing, Batting – thin, e.g. flannel, old scarf, gauze

Fabric – variety of small square or rectangular pieces of fabric

## STEPS:

1. Press backing in by  $\frac{1}{4}$  inch or so all the way around. (Batting is added later)
2. Prepare corner square by folding in  $\frac{1}{4}$  inch on two sides. You will finger press from now on. Attach one side of the corner square with a running stitch; burying knot of thread inside
3. Work in a circle around the piece. Fold in two sides of each piece. Pin or glue in place. Continue sewing around.
4. After first row is completed, insert batting. First row of patches creates a “pocket” to hold batting.
5. Second row of stitching is width of pinkie finger.
6. Continue attaching patches until you reach the center. Center “belly” is often a special piece of fabric or decorative or religious symbol.
7. Attach “Phula” – flower in each corner (can be stitched at same time as corners). Phula is made from a square folded twice, first along diagonal, then outside corners together.