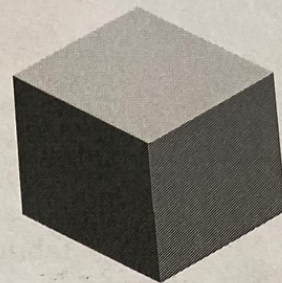


Tumbling Blocks with Y-Seams

For Moonlight Quilters Friendship Block

By Karen Bolan



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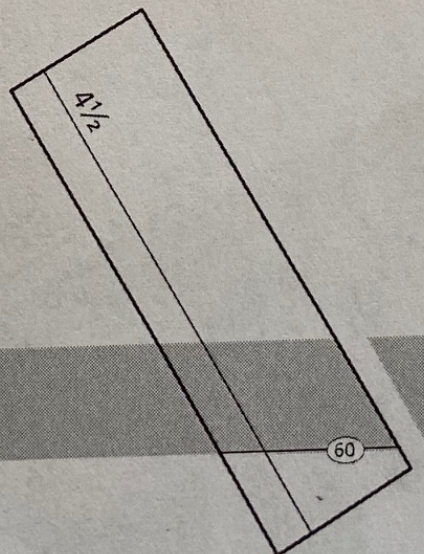
You will need:

- A ruler with a 60-degree line on it, or you can use the line on your mat
- Three different fabrics for each block: for the 3-D effect, choose three fabrics with different value (light, medium and dark fabric)
 - For this block, the light fabric should be a “low volume” print, the medium should be a cool color (greens, blues, purples, and greys) print, and the dark fabric should be a print in the navy blue range. Please try to avoid white in the medium and dark prints.
- You need one at least 4.5" by 8" rectangle to get each diamond. You may choose to use 4.5" strips for efficient fabric use. They are addicting so you may want to make more than one!
- You may want to starch your fabric before cutting. You will be working with bias edges.

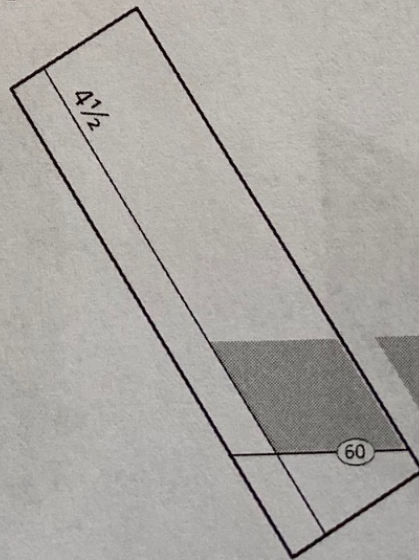
Step A: Cut your diamonds (for right-handed people)

1. Cut strips or rectangles 4 ½ inches wide and at least 8 inches long. (I'll call them strips from now on).
2. Lay the strips horizontally in front of you on your cutting mat.
3. From the right-hand corner of your strip, position the 60-degree line on your ruler at the bottom of the strip and slice along the right side of the ruler.  See picture.
4. Turn the strip around so the cut 60-degree angle is on the left and the strip is still horizontal.
5. Position the 4 ½-inch line on your ruler along the cut 60-degree angle and slice along the right side of the ruler.  See picture.
6. All four sides of each diamond should be 4 ½ inches long. The sharper points should be 60 degrees.


A3



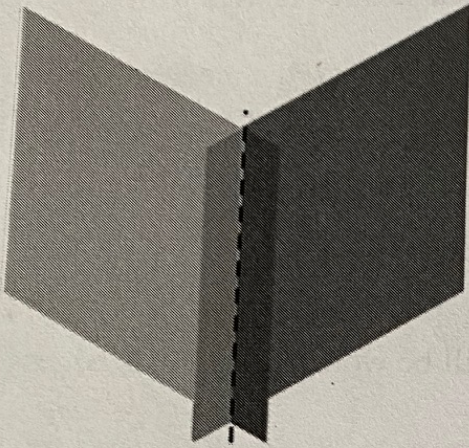
A5





Step B: Arrange your three diamonds and sew the first seam

1. Lay your three diamonds out so you can see the block's shape. Arrange with light on top, dark on the bottom left, and medium on the bottom right.
2. Your first seam will be between the two darker fabrics. Place the medium fabric on top of the dark fabric, right sides together. Sew a $\frac{1}{4}$ -inch seam to join them. Press open.  See picture.

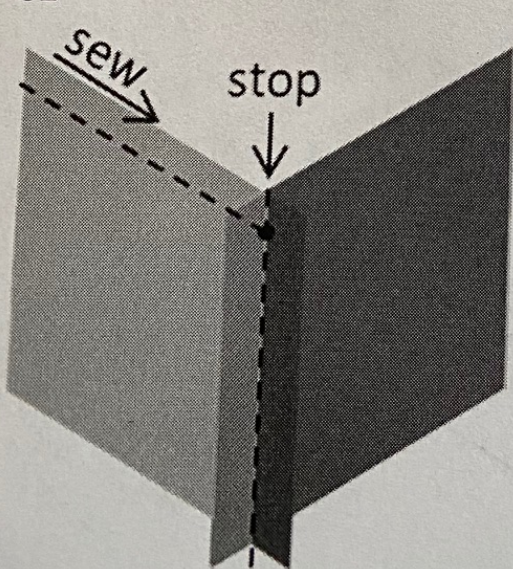
B2



Step C: Sew the Y seam

1. Align the lightest fabric under the medium fabric, right sides together.
2. Start sewing from the point towards the middle seam you just pressed open. Stop with your needle down right on the seam between the dark and medium fabric.  See picture.
3. Making sure your needle is down, lift your presser foot. Pinch the medium fabric to fold it in half. While you do this, reach under and rotate the light fabric. Line up the raw edges of the dark fabric and the light fabric and position them so they're ready to sew. The medium fabric should be behind the needle, and not under the needle. Finish sewing the light fabric to the dark fabric, all the way to the end of the seam.  See picture.
4. Press the Y seam open or to the dark side, according to your preference.
5. Measure your block. It should be a hexagon with opposite sides about $8\frac{1}{2}$ inches apart from each other.

C2



C3

